

FINDING BALANCE ONLINE



LIST THE ACTIVITIES YOU LOVE TO DO. WRITE IF THEY TAKE PLACE ONLINE OR OFFLINE

| ONLINE | OFFLINE |
|--------|---------|
| | |

DRAW OR WRITE SOME THINGS THAT COULD HAPPEN IF WE ARE ONLINE TOO MUCH:

A large empty rectangular box for drawing or writing.A large empty rectangular box for drawing or writing.A large empty rectangular box for drawing or writing.